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Dr. Irnich is a renowned expert of acupuncture research and invited lecturer on acupuncture at different universities in Germany, Europe and USA (e.g. Berlin, Frankfurt, London, Harvard Boston, Melbourne, Tokio). He was responsible conductor of a research grant from the German Ministry of Education and Research on acupuncture. He is laureate of different renowned awards.

Dr Irnich is practising daily acupuncture. He has undergone TCM education in China (Beijing WHO Collaborating Centre of Traditional Chinese Medicine) and Germany (DÄGfA)

He is member of the faculty at different institutions (e.g. Structural Acupunctur Course, Harvard Medical School), (co-)editor of scientific journals and member of national and international research groups (e.g. Acupuncture Trialist Cooperation). His fields of research include basic science research (physiology of peripheral nociception including acupuncture) and clinical research on Acupuncture and Pain (research methodology, clinical effectiveness). Since 1996 he published 75 scientific papers as principal author or co-author. The latest come out is the English version of his successful "Leitfaden Triggerpunkte" by Elsevier. It is a comprehensive manual on trigger point called: "Myofascial Trigger Points: Comprehensive Diagnosis and Treatment" by Churchill Livingstone.