

SWERF modular basic training of medical acupuncture:

Basic parts:

- 4 modules theoretical basic training: total 154 teaching hours
- An exam will be taken after each module
- Internship at an acupuncture practice of WAVAN members: 40 hours
- Preparation of thesis for each student with presentation at the end of module no. 4.

Diploma:

Diploma will be awarded after fulfilling the following conditions:

- full attendance of all the teaching hour of all modules
- passed all exams
- Completion of the thesis
- Fulfilling of internship

Modular theoretical basic training

Module 1: Introduction and basic theory of TCM	hours	teacher	method
1. Introduction a. History of TCM b. Differences between TCM and regular medicine c. How to learn TCM from the background of regular medicine	4		online
2. Scientific evidence of acupuncture a. Introduction b. Presentation of literature study by the students	2		online
3. Application of acupuncture a. Indication and contraindication for acupuncture b. Complications of acupuncture	2		online
4. Yin en yang a. Implication of yin – yang b. Attributive division of yin – yang in things c. Mutual action between yin and yang d. Application of yin – yang in TCM	2		online
5. Five elements a. Implication of five elements b. Attributive division of five element in things c. Mutual actions between five elements d. Application of five element in TCM	2		online
6. Qi a. Concept of Qi b. Formation of Qi c. Functions of Qi d. Movement of Qi e. Classification of Qi	2		online
7. Blood a. Concept of blood b. Formation of blood c. Functions of blood d. Circulation of blood	2		online
8. Body fluids a. Basic concepts of body fluids b. Formation of body fluids c. Distribution and metabolism of body fluids d. Functions of body fluids e. Relationships between Qi, blood and body fluids i. Relationship between Qi and blood ii. Relationship between Qi and body fluids iii. Relationship between blood and body fluids	2		online
9. Zang Fu organs a. Zang organs b. Fu organs c. Extraordinary Fu organs d. Relationship between Zang Fu organs	4		online
TOTAL	22		

Module 2: Pathophysiology and diagnostic in TCM	hours	teacher	method
1. Etiology of diseases <ul style="list-style-type: none"> a. Exogenous factors <ul style="list-style-type: none"> i. Six pathogenetic pathogens b. Endogenous factors <ul style="list-style-type: none"> i. Seven emotional factors ii. Improper diet iii. Overstrain c. Pathological products <ul style="list-style-type: none"> i. Phlegm ii. Stagnant blood d. Other pathogenic factors <ul style="list-style-type: none"> i. Traumatic injury ii. Drug poisoning iii. Malpraxis iv. Innate factors 	4		online
2. Pathogenesis <ul style="list-style-type: none"> a. Body constitution related to disease occurrence b. Disharmony of yin and yang c. Abnormalities of Qi, blood and body fluids 3. Therapeutic principles <ul style="list-style-type: none"> a. Search for the root of diseases b. Regulate yin and yang c. Regulate the Qi 	4		online
4. Diagnostics <ul style="list-style-type: none"> a. Inspection b. Tongue diagnostics c. Pulse diagnostics 	8		live
5. Syndrome differentiation of the eight principles	4		online
6. Syndrome differentiation of Qi, blood and body fluids <ul style="list-style-type: none"> a. Pattern identification of Qi disorders b. Pattern identification of blood disorders c. Pattern identification of fluids disorders 	8		online
7. Pattern identification of the Zang-Fu organs <ul style="list-style-type: none"> a. Pattern identification of lung and large intestine problems b. Pattern identification of spleen and stomach problems c. Pattern identification of heart and small intestine problems d. Pattern identification of kidney and bladder problems e. Pattern identification of liver and gall bladder problems f. Pattern identification of triple warmer problems 	8		online
TOTAL	36		

Module 3: Acupuncture meridians and points	hours	teacher	method
1. Needling techniques	1		live
2. Meridians and collaterals a. Twelve regular meridians b. Eight extraordinary meridians c. Basic functions of meridians and collaterals	4		live
3. Point categories: a. Yuan source points b. Luo connecting points c. Back shu points d. Front mu points e. Wu-shu points f. Xie-cleft points	4		live
4. Lung meridian and points 5. Large intestine meridian and points	6		live
6. Spleen meridians and points 7. Stomach meridian and points	6		live
8. Heart meridian and points 9. Small intestine meridian and points	6		live
10. Kidney meridian and points 11. Bladder meridian and points	6		live
12. Pericardium meridian and points 13. Triple warmer meridian and points	6		live
14. Liver meridian and points 15. Gall bladder meridian and point	6		live
16. Extraordinary meridian a. Governor (Du Mai) meridian and points b. Conception (Ren Mai) meridian and points	6		live
17. Extra points a. Head b. Back c. Upper extremity d. Lower extremity	4		live
TOTAL	55		

Module 4: Other techniques and treatment of diseases	hours	teacher	method
1. Related techniques: <ul style="list-style-type: none"> a. Moxibustion b. Cupping c. Laser acupuncture d. Electroacupuncture 	3		live
2. Microsystem acupuncture <ul style="list-style-type: none"> a. Ear acupuncture b. Battlefield acupuncture c. Wrist and ankle acupuncture 	6		live
3. Acupuncture treatment of some diseases <ul style="list-style-type: none"> a. Pain: <ul style="list-style-type: none"> i. Shoulder pain ii. Elbow pain iii. Carpal tunnel syndrome iv. Neck pain v. Low back pain vi. Hip pain vii. Knee pain viii. Foot pain ix. Headache/migraine x. Post-zoster neuralgia xi. Trigeminal neuralgia xii. Myofascial pain - trigger point 	12		live
<ul style="list-style-type: none"> b. Optional diseases <ul style="list-style-type: none"> i. Common cold ii. Allergic rhinitis iii. Bronchial asthma iv. Epigastric pain v. Premenstrual syndrome vi. Menopausal symptoms vii. Insomnia viii. Addiction ix. Infertility x. Fatigue 	12		live
4. How to start your own acupuncture practice (in Dutch) <ul style="list-style-type: none"> a. Legal aspects <ul style="list-style-type: none"> i. BIG registration ii. AGB code iii. Vektis iv. Kamer van Koophandel v. Professional liability insurance vi. Business bank account vii. Wet Geneeskundige Behandeling Overeenkomst (WGBO) viii. Wet Kwaliteit, Klachten en Geschillen Zorg (Wkkgz) b. Privacy regulation <ul style="list-style-type: none"> i. Wet Bescherming Persoongegevens ii. Data leak 	4		online

<ul style="list-style-type: none"> c. Safety aspects <ul style="list-style-type: none"> i. Guideline Werkgroep Infectie Preventie (WIP) ii. First aid kit iii. Fire extinguisher d. Visitation e. Postgraduate course f. Health Insurance company g. Administration <ul style="list-style-type: none"> i. Requirements of declaration form h. Professional associations 			
5. Presentation of the thesis of the students	4		live
TOTAL	41		